

# APPENDIX C: APPROVED FOOD PANTRY & HYGIENE ITEMS

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## *General Assistance Grants*

### FOOD PANTRY SERVICES, HOMELESS VETERANS, SUPPORTIVE SERVICES

- ✓ For veterans experiencing homelessness or in-between residences  
*without the ability to store or refrigerate food.*

Non-perishable food and hygiene items are provided via a pantry (pick up) style system and are dry, canned items with extended shelf life.

**Table 8: Chart of NOT ALLOWABLE Food Pantry & Hygiene Budget items per 2 CFR 200, SNAP, or TANF**

ITEM	ALLOWABLE OR NOT ALLOWABLE
Alcoholic beverage (any kind to include beer, wine, liquor, spritzers)	X
Tobacco (any kind to include smokeless, cigarettes, vaping supplies)	X
Vitamins, medicines, and supplements	X
Pet foods of any kind and any quantity	X
Cosmetics, electronics, gift cards	X
Beef ribeye, sirloin, filet, or T-bone steak	X
Shellfish (shrimp, mussels, lobster, oysters, and crawfish)	X
Any food or drink from a restaurant or fast-food chain	X
Candy, Candy Bars, and other similar items	X
Sodas and carbonated drinks, cold drinks; fountain drinks, slushies, iced coffee, smoothies, and other similar items	X
Hot drinks already prepared (coffee, lattes, tea, and other similar items)	X
Hot/Cooked and/or food for immediate consumption (usually found in Deli departments - sandwiches, wraps, hoagies, salads, etc.)	X
Unfrozen, uncooked, and pre-packaged meals (refrigerated) and ready to cook	X
Unfrozen, uncooked, and pre-packaged meats (refrigerated) and ready to cook	X
Sports Drinks	X
Energy Drinks	X

**Table 9: Chart of ALLOWABLE Food Pantry & Hygiene Budget items**

CATEGORY	ITEM	ALLOWABLE OR NOT ALLOWABLE
* Specialty	* Whole Ham	X
* limit 4 items from this group per veteran household, per grant year	* Whole Brisket	X
	* Whole Turkey	X
	* Rack Pork or Beef Ribs	X
	* Whole salmon	X
	Raw (Uncooked) Meats	Fish (cod, catfish, etc.)
	Beef (stew meat, ground beef, fajita, sausage)	X
	Pork (roast, chops, sausage)	X
	Chicken (hen, leg quarters, etc.)	X
Dairy & Perishable Proteins	Milk, milk substitutes	X
	Butter/Margarine	X
	Yogurt	X
	Ice cream	X
	Creamer	X
	Cheese	X
	Eggs, egg whites	X
	Luncheon meats, hot dogs, bratwurst	X
Frozen Foods	Frozen pizzas & frozen meals	X
	Frozen French fries, Tater Tots, buffalo wings, etc.	X
	Frozen fruits and vegetables	X
	Other Frozen Foods that require refrigeration/freezing	X
	Meats & Protein	Tofu, nuts, beans, peanut butter
Canned meat (tuna, chicken, ham)		✓
Fruits & Vegetables	Fresh or canned fruits	✓
	Fresh or canned vegetables	✓
Breads and Cereals	Biscuits, tortillas, crackers, loaf	✓
	bread, pasta, rice, dry cereal, oatmeal, etc.	
Condiments	Mayo, mustard, catsup, pickles, horseradish, spaghetti sauce, salad dressings, seasonings, etc.	✓
	Coffee: instant, ground, beans, or single-serve container pods (K-Cup)	✓
	Snacks	Chips, popcorn, fruit snacks

**2023-24 PROGRAM REQUIREMENTS**

<b>CATEGORY</b>	<b>ITEM</b>	<b>ALLOWABLE OR NOT ALLOWABLE</b>
Water	Bottled water (excluding, Evian, Topo Chico, Fiji, sparkling and Ion water)	✓
Hygiene	Personal toiletries and feminine hygiene products	✓
	Shaving razors (limit to 3-5 pack blades)	✓
	Shampoo, conditioner, soap, toothpaste, toothbrushes, etc.	✓
	Toilet paper (limit 6 rolls per family, per week)	✓
Utensils	Hand sanitizer (limit 1 large bottle per family, per week)	✓
	Eating Utensils; disposable or reusable	✓