

**APPENDIX H: MENTAL HEALTH
OUTCOME MEASURES**

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REQUIRED ASSESSMENT & PERSONAL HEALTH INVENTORIES

I. Mental Health Outcome Measure – Reported Quarterly

The NEW outcome measure reads:

What percent of TVC mental health grant beneficiaries reported an improvement with managing their life stress and emotional triggers as a result of grant-funded mental health services?

Therefore, NEW for the 2023-24 grant period, all grantees who are providing mental health services and peer delivered services as part of their grant project, are required to administer standardized assessment / inventory tools to their clients BEFORE treatment/services begin, and again AFTER treatment/services end.

A. How will grantees report the results of the tools?

Grantees will assess the quantitative differences between the BEFORE and AFTER assessment tool results. Grantees will submit a quarterly report to TVC that includes:

- 1) the total number of beneficiaries served,
- 2) the total number of beneficiaries who showed an IMPROVEMENT in their cumulative scores from the assessment tools
- 3) the total number of beneficiaries who DID NOT SHOW an IMPROVEMENT in their cumulative scores from the assessment tools
- 4) the percent of beneficiaries reporting an improvement

B. Clinical Counseling Assessment/Inventory Tools

For Clinical Counseling services provided, the 2 required assessment / inventory tools are listed below.

- 1) PHQ-9
- 2) GAD-7

C. Peer Delivered Services Assessment/Inventory Tools

For Peer Delivered services provided, the 1 assessment / inventory tool is listed below.

- ✓ Veterans Administration's Personal Health Inventory (revised 1/2022)

D. Which grantee organizations must complete these tools before and after services?

- ✓ All Veterans Mental Health grantees (Clinical Counseling & Peer Delivered Services)
- ✓ Veteran Treatment Court grantees that include a mental health component
- ✓ General Assistance grantees that include a mental health component in their grant services
(e.g. *Supportive Services, Homeless Veteran Support*)

II. Peer Delivered Services use the Veterans Administration Personal Health Inventory

On the VA's website, a personal health inventory form is available at this specific URL:

LINK: Veterans Administration's Personal Health Inventory (revised 1/2022)
https://www.va.gov/WHOLEHEALTH/docs/PHI_Jan2022_Final_508.pdf

This form is to be completed and submitted online to the staff person overseeing the participants in the peer delivered services. Alternatively, the form can be printed and completed by the beneficiary as part of intake and/or assessment prior to participating in the peer delivered services. Beneficiaries will complete the form again (online or printed format) at the end of their treatment.

III. Patient Health Questionnaire (PHQ) – 9, and General Anxiety Disorder (GAD) – 7

These forms are to be completed and submitted online or printed and completed by the beneficiary as part of intake and/or assessment prior to treatment beginning. Beneficiaries will complete the form again at the end of their treatment.