

**APPENDIX B: APPROVED FOOD  
VOUCHER ITEMS**

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## *General Assistance Grants*

### FOOD VOUCHER SERVICES, FINANCIAL ASSISTANCE, SUPPORTIVE SERVICES

- ✓ For veterans and families with a home or residence and can store and maintain perishable food
- ✓ Usually for veterans & families that are experiencing food scarcity due to various challenges

Both perishable and non-perishable food and hygiene items are provided through a voucher system - coordinated and arranged by the grantee with a local grocery store (HEB, Wal-Mart, Kroger, etc)

**Table 6: Chart of NOT ALLOWABLE Food Voucher items per 2 CFR 200, SNAP, or TANF**

ITEM	ALLOWABLE OR NOT ALLOWABLE
Alcoholic beverage (any kind to include beer, wine, liquor, spritzers)	X
Tobacco (any kind to include smokeless, cigarettes, vaping supplies)	X
Vitamins, medicines, and supplements	X
Pet foods of any kind and any quantity	X
Cosmetics, electronics, gift cards	X
Beef ribeye, sirloin, filet, or T-bone steak	X
Shellfish (shrimp, mussels, lobster, oysters, and crawfish)	X
Any food or drink from a restaurant or fast-food chain	X
Candy, Candy Bars, and other similar items	X
Sodas and carbonated drinks, cold drinks; fountain drinks, slushies, iced coffee, smoothies, and other similar items	X
Hot drinks already prepared (coffee, lattes, tea, and other similar items)	X
Hot/Cooked and/or food for immediate consumption (usually found in Deli departments - sandwiches, wraps, hoagies, salads, etc.)	X
Unfrozen, uncooked, and pre-packaged meals (refrigerated) and ready to cook	X
Unfrozen, uncooked, and pre-packaged meats (refrigerated) and ready to cook	X
Sports Drinks	X
Energy Drinks	X

**APPROVED FOOD VOUCHER ITEMS**

**Table 7: Chart of ALLOWABLE Food Voucher items**

<b>CATEGORY</b>	<b>ITEM</b>	<b>ALLOWABLE OR NOT ALLOWABLE</b>
* Specialty	* Whole Ham	✓
* limit 4 items from this group per veteran household, per grant year	* Whole Brisket	✓
	* Whole Turkey	✓
	* Rack Pork or Beef Ribs	✓
	* Whole salmon	✓
	Fish (cod, catfish, etc.)	✓
Raw (Uncooked) Meats	Beef (stew meat, ground beef, fajita, sausage)	✓
	Pork (roast, chops, sausage)	✓
	Chicken (hen, leg quarters, etc.)	✓
	Milk, milk substitutes	✓
Dairy & Perishable Proteins	Butter/Margarine	✓
	Yogurt	✓
	Ice cream	✓
	Creamer	✓
	Cheese	✓
	Eggs, egg whites	✓
	Luncheon meats, hot dogs, bratwurst	✓
	Frozen pizzas & frozen meals	✓
Frozen Foods	Frozen French fries, Tater Tots, buffalo wings, etc.	✓
	Frozen fruits and vegetables	✓
	Other Frozen Foods that require refrigeration/freezing	✓
	Tofu, nuts, beans, peanut butter	✓
Meats & Protein	Canned meat (tuna, chicken, ham)	✓
	Fresh or canned fruits	✓
Fruits & Vegetables	Fresh or canned vegetables	✓
	Biscuits, tortillas, crackers, loaf bread, pasta, rice, dry cereal, oatmeal, etc.	✓
Breads and Cereals	Mayo, mustard, catsup, pickles, horseradish, spaghetti sauce, salad dressings, seasonings, etc.	✓
	Coffee: instant, ground, beans, or single-serve container pods (K-Cup)	✓
Condiments	Chips, popcorn, fruit snacks, Jell-O	✓
Snacks		

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<b>CATEGORY</b>	<b>ITEM</b>	<b>ALLOWABLE OR NOT ALLOWABLE</b>
Water	Bottled water (excluding, Evian, Topo Chico, Fiji, sparkling and Ion water)	✓
Hygiene	Personal toiletries and feminine hygiene products	✓
	Shaving razors (limit to 3-5 pack blades)	✓
	Shampoo, conditioner, soap, toothpaste, toothbrushes, etc.	✓
	Toilet paper (limit 6 rolls per family, per week)	✓
	Hand sanitizer (limit 1 large bottle per family, per week)	✓
Utensils	Eating Utensils; disposable or reusable	✗